

Recovery Tree Notes Sep – Nov 2023

Spelling, capitalization and punctuation are as written. Embellishments are noted. Names, dates, and initials have been withheld for privacy.

- Not being alone in Recovery
- DR (name) and Nurse (name)
- My Future
- Happy Family (smiley face)
- Being Sober
- Sobriety/Faith
- Thankful for my sobriety
- for family
- Chaos keeps my skin tight one day I'll survive
- I Love my Family
- Being Alive
- My family
- (Name)
- for me to see My little girl graduat School if Not get married. Hoping my heart failure doesn't get me first
- (Name, date)
- My Life on life Terms
- To Truly Live
- (9 names)
- I'm thankful for my awesome family
- No drinking (name)
- I'm thankful to be sober & have My Kids and fiancé to have a thanksgiving w/both of our families
- Life!
- (name) (smiley face)
- Kids
- Starting Road to Recovery.
- (job) Health Great Friends God Roof over my head
- Jesus & family means everything
- I dream of traveling the world and volunteering.
- Thankful for my Life
- Keep it up! Your not Alone! Being Surrounded By Your Family & Friends Who Love You the Most & Care Beyond about you & Your Healthy Recovery (hearts)
- Thanks God for helping My family Always (smiley face)
- To be more forgiveable and more forgiving
- Enjoying every day -Jesus- (heart)
- You can do this! It's not easy but youre a fighter
- Long term sobriety, Time w/family
- WAY TUPA KWLSTN

- Life gets Better everyday (name)
- Jesus is the only way to fill your void
- Mom
- Community
- Family
- Thankful for 14 years sobriety
- We (heart) you To be able to Hold & Love on your Littles oncx again can come true! Don't Give Up!
- My Children, family, JoB, friends my health (heart)
- Drivers License
- Reunificatio of my Whole Family
- Thankful for work
- GOD BLESS our Country!
- Hard working OBHC staff supporting recovery and our community
- I hope to live the rest of my life in Recovery and Love myself every second of it
- Thankful for all the workers.
- (heart) Be True to Yourself! The Love & Strength Will Forever follow!
- I am thankful for all I have (name) (heart) 2023
- GOD BLESS.. OBHC!
- (three crosses) Father Son Holy Spirit
- I'm hopeful for a better future
- (initials) Thankful for my helper
- Stability
- Thankful for Recovery Navigators
- Thankful for (illegible) (smiley face)
- (Name initials) In hopes that a Mirical will befall upon me and My heart will hold strong enough
- GOD BLESS the CHILDREN
- Move to Atlanta GA.
- Family
- GOD BLESS.. (name) where's our... Spaghetti!?! ? ?
- 30 years of recovery & die clean
- Everyday is a gift. Enjoy All moments
- Hope I can keep working on not gambling
- A Peacefull mind and a GraitFull Heart has No Room For Feelings of Guilt or shame
- DEEP GRATITUDE FOR CHOSEN FAMILY (heart)
- (Name)
- Jesus' Love
- Thankful for my help
- I'm Thankful for Surgery and the after care.
- Family
- Life is Good
- *Family*
- A big pretty house & dogs (smiley face)

- (Name) (heart)
- To give you a future & a hope Jeremiah 29:11 (heart) (name) (illustration)
- Never give up – One day at a time!
- Family
- World wide Recovery (elephant sticker)
- My kids
- I am thankfull for mama
- Im thankful for my Wonderfull family (smiley face)
- Career Advancement
- I'm thankful for having a second chance at Life
- THANKFUL for my CREATOR
- For (name) my Cat
- My Babyi (heart)
- Family Faith Laughing in the kitchen!
- TO LIVE A beautiful SOBER LOVING Life WITH MY HUSBAND. (initials)
- Recovery
- BEING ALIVE AND SOBER
- God my Children Recovery
- Thankful for Getting Help
- Love My Life In Recovery Skies the Limit (name)
- Visit kids
- Dr (name) Nurse (name)
- (smiley face) Thank you to Everyone here at OBHC! (smiley face) You Got this! (heart)
Everything is better sober!!
- Family
- Recovery is Possible! -thankful for my daughter
- Family
- My Mom
- I am thankful for my friends
- Learn lots in the Recory
- Peace
- Behavioral Healthcare