

About the Color Walk

The Mental Health Month Color Walk started in 2020 as a way to celebrate National Mental Health Month. It's designed to bring people together to talk about mental health, and stop the stigma surrounding mental illness and substance use disorders, while demonstrating the positive impacts of physical exercise and social interaction on mental wellbeing. We also wanted to connect participants with the various organizations whose work has positive impacts on the social determinants of health, such as access to health care, education, economic stability, the built and natural environment, and the communities in which we live. On top of all that, we wanted folks to have fun!

The Mental Health Month Color Walk is a
Collaboration between



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About Okanogan Behavioral HealthCare

Okanogan Behavioral HealthCare is the largest and most comprehensive provider of behavioral health services in Okanogan County. Our professional, caring and compassionate staff members provide culturally relevant 24/7 crisis response; mental and behavioral health counseling; substance/opioid use disorders prevention, treatment and recovery support; therapeutic court services; transition services for individuals exiting incarceration, and referrals to developmental disability programs to community members of all ages, regardless of race, color, national origin, gender identity, disability, religion, creed, age, sexual orientation, educational achievement or socio-economic status. Learn more about us at www.okbhc.org, or by calling 866-826-6191.

About the Foundation for Youth Resilience and Engagement

The Foundation for Youth Resiliency and Engagement (FYRE) is a youth services and advocacy nonprofit focused on serving unmet needs of young people ages 12-24 in Okanogan County. From helping with basic needs like clothing, common health/hygiene items, or a place to do homework or laundry, to assistance with bigger life challenges like accessing physical/behavioral health care and insurance, navigating the justice system, supporting educational efforts, or teaching life skills for living independently, FYRE is ready to help. Learn more at www.okfyre.org, or by contacting FYRE at (509) 557-6457 or info@okfyre.org.

Welcome to the

4th Annual



Saturday, May 18, 2024

Sabado 18 de Mayo, 2024

9:00am-2:30pm

Omak East Side Park Fitness Trail

Presented by

Okanogan Behavioral HealthCare (OBHC) and
The Foundation for Youth Resiliency and Engagement (FYRE)

Schedule of Events

TIME	EVENT	LOCATION
9:00am	Pre-registration check-in and t-shirt pickup	Check-In Booth at BB Court
9-2:30pm	Booths open	
9:30am	Opening Ceremonies with Emcee Henry "Hank" Rawson Mental Health Month Proclamation The Citizens Drummers Welcome—OBHC Chief Executive Officer David McClay	Stage
10:00am	COLOR-WALK (with colored powders)	Starting Line
10-2:30pm	Live Music with Rey & the Hot Boys	Stage
10:30am	Cakewalk	Basketball court
10:40am	Pre-walk yoga warm-up with Rising Sun Creative Wellness	Stage
11:00am	COLOR-FREE WALK (powder-free)	Starting line
11:00am	Free hot dogs while they last	Basketball court
11:30am	Cakewalk	Basketball court
12:10pm	Pre-walk yoga warm-up with Rising Sun Creative Wellness	Stage
12:30pm	COLOR-WALK (with colored powders)	Starting Line
12:15pm	Cakewalk	Basketball court
1:00pm	FYRE Best Costume Contest / Umbrella Contest	Stage
1:30pm	COLOR-WALK (with colored powders)	Starting Line
2:00pm	Raffle/Prize drawings	Stage
2:30pm	Closing—Emcee Henry "Hank" Rawson	Stage

Thank you to our Sponsors



Enhabit Home Health



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|---|---|--|
| 1 Omak Police Dept/CORE | 14 Rising Sun Creative Wellness | 27 Only 7 Seconds |
| 2 Advance | 15 Okanogan Sasquatch Supporters | 28 Opioid Treatment Network (FHC) |
| 3 Rebuild Beautiful Coaching | 16 H.A.P.S. Recovery | 29 Room One |
| 4 Peers Empower Peers | 17 NCW Libraries | 30 Alcoholics Anonymous |
| 5 FYRE | 18 Okanogan Co. Child Development Assn | 31 Support Center |
| 6 Okanogan Co. Youth Leadership Council | 19 WISE | 32 Okanogan Co. Community Action Council |
| 7 Okanogan Co. Dispute Resolution Ctr | 20 Okanogan Community Homeless Shelters | 33 Wellbriety |
| 8 Colville Tribes Youth Development | 21 Okanogan Co. Community Coalition | 34 WorkSource |
| 9 Family Health Centers | 22 Coordinated Care | 35 Office of Behavioral Health Advocacy |
| 10 The Forgiving Sea | 23 Okanogan County Public Health | 36 Omak High School TEA Club |
| 11 Mid-Valley Health | 24 Okanogan Co. Search and Rescue | 37 Omak Kiwanis |
| 12 All Ways Caring | 25 Okanogan Transit Authority | 38 Okanogan Behavioral HealthCare |
| 13 NAMI NCW | 26 Colville Tribes Behavioral Health | |